

Youth in Psychiatric Crisis at Home

Depending on Assistance Needed, Call:	
Children and Adolescent Mobile Crisis Services (ChAMPS)	202-481-1450
DC Department of Mental Health 24-Hour Access Helpline (AHL)	888-793-4357
LEA Contact	
CCT Coordinator	
Other	

Situation Description

The purpose of this children crisis protocol is to establish the procedures for collaboration between Children and Adolescent Mobile Psychiatric Services (ChAMPS), District of Columbia Public Schools (DCPS), DC Public Charter Schools and to clarify the roles and responsibilities of all entities.

This protocol is intended to create and foster a proactive approach to potential crises. It prepares school in a coordinated way to manage all possible impact of destabilizing occurrences. What makes this protocol especially valuable is that it can be applied and adapted to the particular culture and organizational structure of on any school in the District of Columbia.

This protocol includes procedures and resources which serve as a guide to schools as they address multiple crisis situations.

Procedures

The referral source or person first made aware of the crisis shall:

- Call ChAMPS at (202) 481-1450 or DMH Access Helpline at (888)793-4357

AHL or ChAMPS deploy a crisis team which shall:

- Respond to the scene of the crisis within 1 hour
- Provide on scene Assessment
- Provide crisis intervention, de-escalate, and develop crisis/safety plan
- Crisis resolved and crisis/safety plan communicated with all involved parties

If a child is deemed at-risk to harm self or others ChAMPS shall:

- Write a FD-12 for emergency psychiatric evaluation (as deemed necessary)
- Accompany child/parent to Children National Medical Center (CNMC) for evaluation

Emergency Response Plan and Management Guide

- Contact MPD for transportation support
- 48 hour Follow up with parent, school and all involved parties
- Notify the existing DMH Core Service Agency or other mental provider

If the crisis is not resolved ChAMPS shall:

- ChAMPS assess the child for crisis/respice bed stabilization
- Facilitate CSA enrollment with parent/guardian for unlinked child
- Follow up with parent one day before the mental health follow up appointment
- Inform existing CSA/mental health provider of the crisis intervention/plan
- Conduct 48 hours face to face or telephonic follow up with child and family

